

**YOU ARE THE BLESSINGS**  
**One Evening Webcast class**  
**with John Morton**

**PARTNER PROCESS**

**"CHALLENGE/SEEING THROUGH EYES OF BELOVED"**

- 1. Share about a challenge you are currently facing.**
- 2. Move into seeing through the eyes of The Beloved and therefore finding gratitude in the situation/circumstance.**

**You can also put your hand on your heart and say "This is Love, this one is Love, this is Divinity" to experience the Beloved within you.**

- 3. What is the blessing in this challenge?**
- 4. Share how you bless those around you and yourself.**  
**Share the blessing of you--what you are grateful for in yourself.**  
**Start with "I am a blessing to \_\_\_\_\_ when I....."**  
**OR**  
**"I am a blessing because I am....."**

If you complete the questions before time is called, begin at question number 1 again with a new area or situation.