

*“The journey of your Soul  
is to return to an awareness of  
and a oneness with God.  
We call this path Soul Transcendence.”*

*—John-Roger*

AN INTRODUCTION TO  
**SOUL**  
TRANSCENDENCE

**MSIA**  
*Movement of Spiritual Inner Awareness*

“JUST REMAIN NEUTRAL.

Come in. Listen to the teachings.

Do not believe or disbelieve. Just listen.

See what works for you. Start working with it  
and see what happens. If it is not for you,  
you will find out pretty fast.”

—*John-Roger*

*Founder of The Movement of Spiritual Inner Awareness*

*“All that you want to be, you already are. All you have to do is move your awareness there and recognize the reality of your own Soul.”*

—John-Roger

# soul transcendence

THE PURPOSE OF THE MOVEMENT OF SPIRITUAL INNER AWARENESS (MSIA) is to teach Soul Transcendence, which is becoming aware of yourself as a Soul and as one with God, not as a theory but as a living reality. Your Soul is who you truly are; it is more than your body, your thoughts, or your feelings. It is the highest aspect of yourself, where you and God are one.

MSIA provides a variety of tools and techniques that allow you to experience your Soul and, therefore, your own Divinity.

Equally important, MSIA presents an approach that focuses on how to incorporate spirituality into your everyday life in a tangible, workable way. We call it “practical spirituality.” It allows you to attune more and more to your Soul and to increasingly live from that awareness.



# the journey home

THERE ARE MANY WAYS TO ACHIEVE SPIRITUAL AWARENESS. MSIA respects any practice or belief that encourages people on their path home to God. We do not claim to have the only way. We do have a time-proven approach that allows people to experience their true nature while enjoying greater health, wealth, happiness, abundance, and joy.

*“You’re the one who knows what’s best for you, and by allowing time to be with the God of your heart, you will strengthen the knowledge of yourself and then realize the Divine essence that is inherent in you.”*

—John-Roger





# your experience

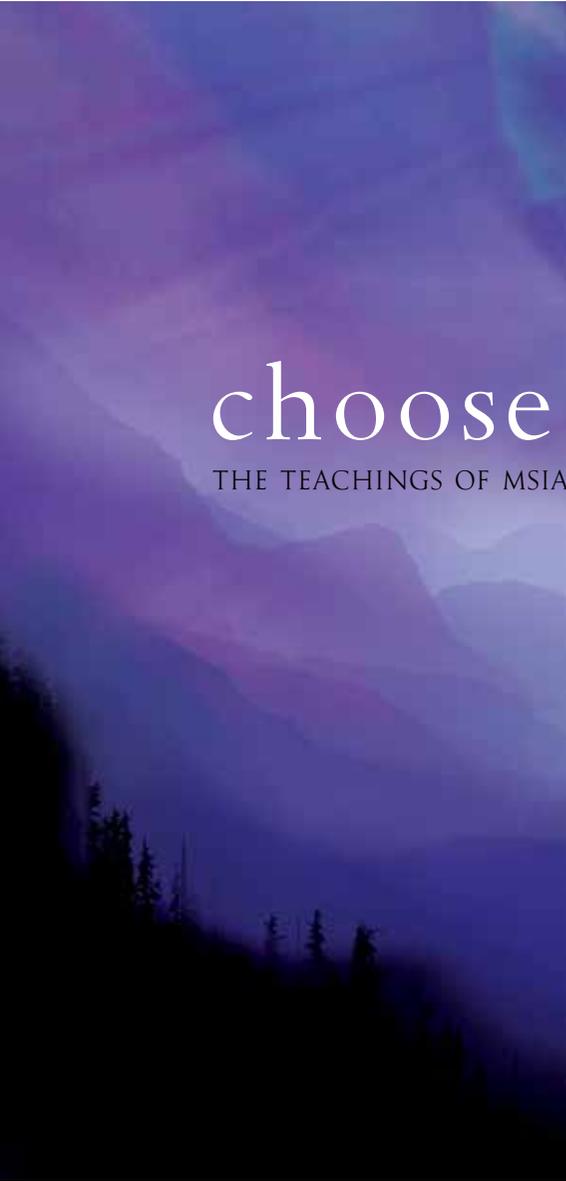
MSIA PRESENTS TOOLS, TECHNIQUES, AND PRACTICES that direct you toward your Spirit and the loving that is your Divine essence. As you work with the teachings, new and richer experiences come to you. You do not need to believe or have faith, as you will know the truth of your Soul by your own experience.

Of course, the ultimate test will be reflected in the quality of your life. You are encouraged to continually question yourself and your progress: “Am I experiencing a greater awareness of the Divine in myself and others?” “Am I dealing more effectively and lovingly with the challenges in my life?” If you are like most people who work with the teachings of Soul Transcendence, you will begin to consistently answer, “I am.”

*“It is so important to allow each consciousness, each Soul, the freedom to evolve into its own awareness in its own timing.”*

—John-Roger





# choose how you study

THE TEACHINGS OF MSIA HONOR YOUR INDIVIDUALITY

*“The very best in people is love. That is the truth of our being. Deep inside past our hurts, we are all God’s love. So it’s just a matter of opening up to God’s love inside.”*

—John Morton

The teachings of MSIA honor your individuality and are designed to support you on your unique journey back to the heart of God. Since there is no one “right” way, you are encouraged to choose an approach that works best for you.

Some people begin by reading an MSIA book, listening to an audio seminar, watching a video, or attending a workshop. Those interested in a deeper, more dedicated approach subscribe to Soul Awareness Discourses, which is a course in Soul Transcendence.

Many also choose to study toward Initiation as a way of progressing through the higher spiritual realms. And for those who know that service is important in their lives, there is an MSIA Ministry.

*“Soul Transcendence, the direct awareness of our spiritual connection with the Divine, is a process of realizing the detached, nonmaterial state that is the source of our true wealth and prosperity.”*

—John Morton

# Soul Awareness Discourses

## a course in Soul Transcendence

SOUL AWARENESS DISCOURSES ARE DESIGNED TO TEACH SOUL TRANSCENDENCE, the awareness of yourself as a Soul and as one with God. They are for people who want a consistent, time-proven approach to their spiritual unfoldment.

A set of Soul Awareness Discourses consists of 12 booklets—one to study and contemplate each month of the year. As you read each Discourse, you can activate an awareness of your Divine essence and deepen your relationship with God.

Discourses also offer practical keys to a more successful life in the world. They address issues that are common to all of us—relationships, finances, emotions, health, spirituality, and more. Because of their unique approach, you may find new, more effective ways to deal with life’s daily concerns, helping you experience spirituality in a tangible way.

Spiritual in essence, Discourses are not in conflict with any religious beliefs you might hold. In fact, most people find that Discourses support and amplify the experience of whatever path, philosophy, or religion (if any) they choose to follow. Simply put, Discourses are about eternal truths and the wisdom of the heart.



## The First Year...

THE FIRST YEAR OF DISCOURSES addresses topics ranging from creating success in the world to working hand-in-hand with Spirit. Discourses work with you on many levels of consciousness simultaneously—mental, emotional, physical, and spiritual. They also provide a point of attunement for Spirit to work directly with you.

Soul Awareness Discourses present a systematic approach. They stimulate spiritual awareness, awakening you to a more profound experience of yourself as a Soul. Discourses also provide keys for establishing an active partnership with God. They are the core teaching resource of the Movement of Spiritual Inner Awareness.

*“You were all put here with something special inside you: the ability to contact the Spirit within. The Soul is an extremely dynamic, forceful, and creative unit of energy. Soul Awareness Discourses provide practical techniques for contacting the Spirit and aligning with the power of Soul.”*

—John-Roger





# first year discourse titles

*Discourse 1*  
Introduction Into Light

*Discourse 2*  
Sending the Light

*Discourse 3*  
Realms of Light

*Discourse 4*  
Acceptance

*Discourse 5*  
The Law of Cause & Effect

*Discourse 6*  
Responsibility

*Discourse 7*  
Working Your 10 Percent

*Discourse 8*  
The Mystical Traveler Consciousness

*Discourse 9*  
The Neophyte & the Initiate

*Discourse 10*  
Overcoming Discouragement

*Discourse 11*  
Control

*Discourse 12*  
The Magnetic Light & the Holy Spirit

*“Discourses teach you how to travel the high realms of Light.*

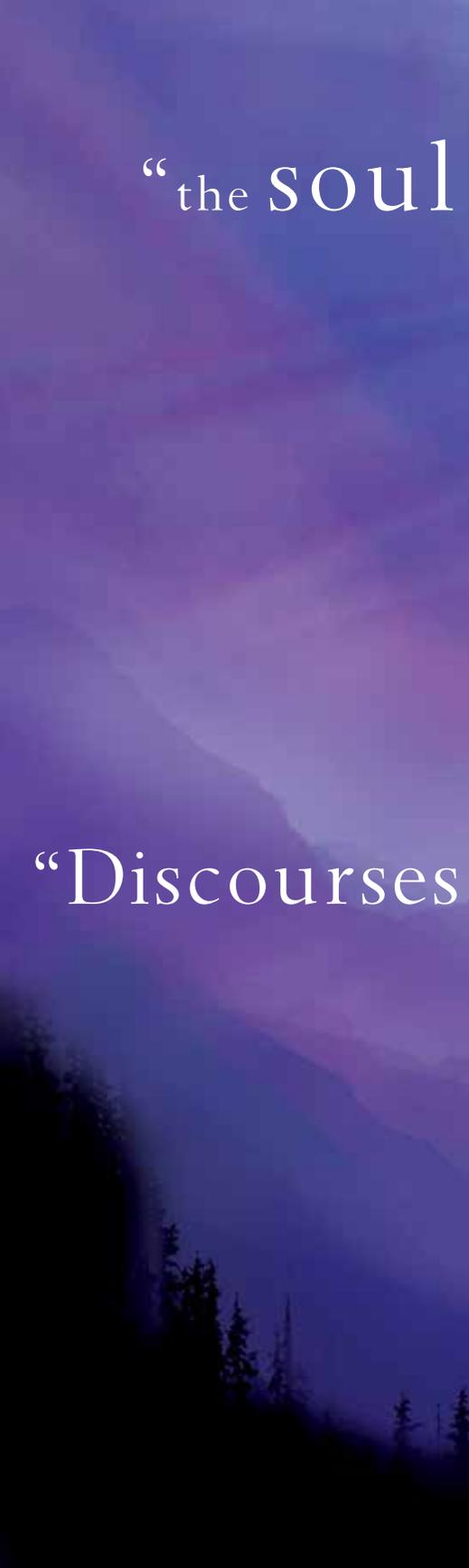
*You don’t have to die to inherit the kingdom of heaven.*

*You can have it while you are awake, right here and now.”*

—John-Roger

*For more information about the Discourses please see enclosed insert.*





“the soul is forever connected to God...”

*“The Spirit is the essence that comes from the Supreme God.  
It is everywhere, in everyone.  
We are part of that essence and can manifest it.”*

—Discourse 2

*“Acceptance is one of the primary laws of Spirit and  
one of the most important laws in spiritual unfoldment.”*

—Discourse 4

*“You bring to yourself that which you focus upon, so it  
makes sense to focus on the best, the highest thing you know.”*

—Discourse 12

“Discourses are inspirational and spiritual  
education at its best!

Easy to understand, these practical, yet extremely personal wisdom principles have laid a foundation for my living each day with the knowledge that God is truly my partner.

These Discourses are written in a style that is easy to understand and apply, and I cherish the depth of wisdom and learning I receive from reading them. Thank you, MSIA!”

—S.S., Co-founder and President, Non-profit Educational Foundation,  
Thousand Oaks, California

“Discourses explain how God works in the world.

They help me see how Spirit is available in the everyday events of my life. They help me shift my attitude toward my life, myself, and others in a way that helps me grow and love.”

—S.W., YMCA Director,  
Nashua, New Hampshire

# MSIA

## The MOVEMENT of SPIRITUAL INNER AWARENESS

MSIA has no formal membership, dues, rules, or regulations and was founded on a few simple, yet profound, principles:

*Out of God come all things.*

*God loves all of Its creation.*

*Not one Soul will be lost.*

Its guidelines are clear and direct:

*Take care of yourself so you can help take care of others.*

*Don't hurt yourself and don't hurt others.*

*Use everything for your upliftment, learning, and growth.*

The real “movement of spiritual inner awareness” takes place within each person. The organization exists only to support people in expanding their awareness of the Soul and of God.

Founded in 1971 and headquartered in Los Angeles, California, MSIA is a non-denominational, ecumenical church that serves thousands of students on six continents. Most people find that study in MSIA is compatible with other religious faiths and beliefs. Those who participate with MSIA come from all walks of life, age groups, and backgrounds.

*“In MSIA we claim that the Soul is the church in which we worship. The Soul is a cathedral without bounds or limitations. It's a cathedral founded and built upon the perfection that all are claimed by God and that all of God's creation is welcomed in loving.”*

—John Morton



“all the forces of  
spirit are working with you...”

*“All the forces of Spirit are working with you for one intended purpose: that you totally awaken to that which already is—the Light and Sound of God, which is within you at this very moment.”*

—John-Roger

*“The choice that you, as a Soul, have in relation to anything is always to be loving. Do you understand that this is the divine purpose that all of us as humans have been given—to love unconditionally?”*

—John Morton

*“People question life, but that is not the correct approach. The Spiritual Warrior watches how life questions them. And underneath it all, the answer will always be, ‘Have I loved to my capacity today?’ That is the answer to questions for every millennium. . . . ‘How can I love more this day? How can I give more than I take?’”*

—John-Roger

“The One we are waiting for and the One we have been looking for is already here, and has been here for a long time. You are the spiritual being you’ve been searching to find.”

—John-Roger

# founder and spiritual director

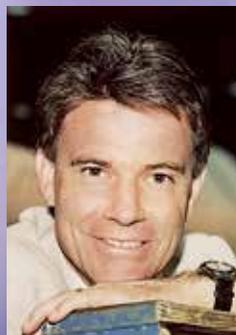
John-Roger (1934-2014) founded the Movement of Spiritual Inner Awareness in 1971 as a vehicle for teaching Soul Transcendence. He gave over 6,000 lectures and seminars worldwide and wrote more than 50 books, with 4 Bestsellers including the *Los Angeles Times* #1 Healthy Bestseller, *Spiritual Warrior—the Art of Spiritual Living*.

John-Roger was an educator and minister, and through his teachings he continues to transform lives by educating people in the wisdom of the spiritual heart.

In 1988, John Morton became the Spiritual Director of MSIA. He has dedicated his life to service, peace, and assisting others in discovering the Divinity within. John presents live online events on a range of spiritual topics, such as forgiveness, loving relationships, and health and well-being. He is the author of two books, *The Blessings Already Are* and *You are the Blessings*.



John-Roger DSS,  
Founder of MSIA



John-Morton DSS,  
MSIA Spiritual Director

# Begin your journey of Soul Transcendence...



*Soul Awareness Discourses*  
A Course In Soul Transcendence

Soul Awareness Discourses are designed to teach Soul Transcendence. They are for people who want a consistent, time-proven approach to their spiritual unfoldment.

The first-year Discourse Kit includes 12 individual Discourses, a binder, a storage case, and a journal that includes graphs for tracking your spiritual growth and awareness.

## INTRODUCTORY OFFER

A yearly set of Discourses is regularly \$100. MSIA is offering the first year of Discourses at an introductory price of \$50 plus shipping (\$15 domestic or \$35 foreign).

Discourses come with a full, no-questions-asked, money-back guarantee. If at any time you decide this course of study is not right for you, simply return the Discourses and you will promptly receive a full refund.

## TO ORDER

To order your Discourses, you can call 800-899-2665 or order on line at [www.msia.org/store](http://www.msia.org/store). You can also email us at [order@msia.org](mailto:order@msia.org) or fax your order to 323-737-5680. Discourses are also available as e-books and you can download them from our online store if you prefer a digital format.

*If you would like to learn more about MSIA, please contact us at*

800-899-2665 or 323-737-4055

P.O. Box 513935, Los Angeles, CA 90051

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*We are here to serve you*



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